

FOR IMMEDIATE RELEASE

Wellness Lifestyles Inc. Announces Board, CEO and Senior Management Changes

VANCOUVER, B.C., April 3, 2018 – Wellness Lifestyles Inc. (TSX.V: WELL) (the “Company” or “WELL”), is the owner and operator of six Primary Healthcare facilities and Wellness Centres in British Columbia. WELL’s mandate is to modernize its patient-focused health care facilities through digitally enabled technology in order to offer the best possible experience for patients and doctors alike.

WELL’s Board of Directors is pleased to announce the following senior management and Board positions; Mr. Hamed Shahbazi, current WELL Director, will become the Chairman of the Board effective immediately. Mr. Shahbazi offers more than twenty years of experience in technology with operating, investment and board positions with various companies including TIO Networks where he was founder and CEO. On May 23, 2018, Mr. Shahbazi will also accept the role of Chief Executive Officer of Wellness Lifestyles. Alex Read, the current Chief Executive Officer, will then assume the role of Chief Operating Officer.

Mr. Shahbazi’s focus will be to consolidate and tech-enable the primary healthcare marketplace. This entails acquiring profitable operating assets in the North American primary healthcare space (initially in Canada and then the US), while adding leading edge technologies to improve physician care performance including telemedicine, precision medicine and a comprehensive information system strategy to dramatically improve operating performance.

“Healthcare is at a critical point in North America with overloaded systems and doctors who need more tools and resources to help them provide the care they wish to provide for their patients. Wellness Lifestyles understands how important it is to leverage existing and new technology to empower our Doctors to improve the patient experience and care performance,” stated Hamed Shahbazi. “WELL’s over-arching goal is to make doctors more successful in serving their patients through advanced technology that is currently unavailable to providers who operate on a smaller scale and can’t afford the necessary investments. As the founding Board member and investor of WELL, I am excited about executing on this vision and helping doctors and patients.”

About Wellness Lifestyles Inc.

Currently the Company owns and operates six Primary Healthcare Facilities in the Province of British Columbia. WELL has more than 34 general practitioners serving more than 240,000 patient visits per year. Wellness Lifestyles Inc. was recognized as a TSX Venture 50 Company in 2018.

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